

## February 10, 2022 Sherwood Girls Tennis

Congratulations on selecting the BEST lifelong sport for your daughter to play!

Almost all of our tennis information can be found on our tennis website:

[sherwoodtennis.net/shs-girls-tennis](http://sherwoodtennis.net/shs-girls-tennis)

And other basic info about tennis can be found by scrolling down from the home page:

[sherwoodtennis.net](http://sherwoodtennis.net)

If your daughter wants to play tennis, you will need to do 2 things by 2/25/22:

- 1) Register your daughter for girls tennis.\*\*  
<https://shs.sherwood.k12.or.us/athletics-activities/athletic-resources/athletic-registration/>  
Scroll to the bottom to find the registration form in English or Spanish.
- 2) Get your daughter a physical. Physicals are good for two years so if your daughter did another sport or activity, you may have already done this. Physicals must be done on the OSAA physical form that you can find on the above link in #1. Turn in to Connie Pollock in the main office, cpollock@sherwood.k12.or.us.

**Eligibility:** Girls must have a minimum GPA of 2.0, be taking and passing 4 classes, plus passing their Homeroom class. Girls must attend all of their classes to play or practice each day. Occasionally, girls may miss a class for an **excused** appointment (doctor/dentist/etc), but they need to turn in a note from their doctor to the attendance office or their coach.

It is a privilege and an honor to represent Sherwood High School in athletics. We hold our athletes to a higher standard than non-athletes, so students must be in good standing with the high school to participate. There is an Athletic Handbook that anyone can access from the HS's website. (link from #1 above.) We will follow this handbook when deciding on discipline for things like drug and alcohol use. (Zero tolerance for drug and alcohol use.)

**For practice:** Girls should wear comfortable sports clothes that have pockets or a place to hold a tennis ball. Skorts or shorts with pockets are great. Leggings with no pockets are strongly discouraged. Girls need tennis shoes that have side to side support (not running shoes). Finally, girls need a tennis racquet and an ample supply of water each day. (There is no water at the courts.) We have a few tennis racquets that we can loan out.

We expect to have 3 tennis teams this year as follows:

- **Varsity:** This team will focus on competition with other schools. Development will happen here just like anywhere, but competition against other schools is the focus. Practices will be at **SHS tennis courts**.
- **JV:** This team will focus on player improvement and the fun associated with playing quality tennis against good internal competition. You will compete against other schools as well, but we expect your practices to provide near-varsity and even varsity-level competition daily that will frequently be tougher than our real matches. Practices will be at **Laurel Ridge tennis courts**.
- **JV2:** This team will blend new players with some more experienced players with practices being a fun blend of learning, games and competition. Practices will be at **Hawk's View tennis courts (old SMS)**.

Girls can decide which team they want to try out for. If your daughter is brand new, we expect them to go to the JV2 practice. We only graduated five seniors from last year's varsity tennis team, so it will be very challenging to earn a spot on the varsity team.

**Seniors are eligible to play on a non-varsity team.** All three teams will play a fun schedule.

First day:

- If you want to try out for the varsity team, go to SHS
- If you have never played before or are still very new to tennis, go to HV to get instruction on the basics
- Everyone else, head to the Ridges for practice.

Schedule:

- 2/28/22: First practice starts
- 3/14/22: Match Play can start, Pictures scheduled.
- 5/13/22: End of regular season
- 5/16-5/21/22: OSAA State Championship- This is a varsity only week for those players who qualify for the state tournament.

**Practices:** Varsity and JV practices will be 3:45 - 5:45 pm Monday through Friday. JV2 practice **times** TBD Monday through Friday. We will use our tennis website to announce when changes are made to our schedule, like canceled matches or rainouts. Saturdays are considered playable dates, so we could have matches on Saturdays. We usually make weekend practices optional. If we have practices over Spring Break, they will be optional. But one of the toughest matches of the season is Tuesday after Spring Break, so try to stay somewhat prepared.

#### **Fees:**

The athletic participation fees are \$250.00 and they need to be paid before the first match by 3/15/22. If your daughter is on free or reduced lunch, contact Tamara Tinner about paying a reduced athletic fee or contact Randy Ramp, athletic director, if a scholarship is needed.

As a fundraiser, we will be selling window stickers and flower basket vouchers. We haven't done a fundraiser in two years, so our team funds are getting low. We may also ask for donations like other teams do. We will collect \$50 at the beginning of the season to cover snacks at matches, senior gifts, coaches gifts, and miscellaneous expenses. We also collect a refundable \$50 deposit on our uniforms.

**Covid 19 Protocols:** All coaches (paid and volunteers) have been vaccinated and boosted for Covid 19. We will follow whatever protocols the districts and state require of us. Randy Ramp, Sherwood HS athletic director expects the protocols to change prior to our season starting. We will update all of you via our website once we know more.

**Team pictures: March 14 at noon at the SHS tennis courts.** This is a Monday when there is no school for students at the end of trimester 2, so it's a grading day for teachers. We also hope to take a large group picture with the boys tennis team.

**Girls Tennis Staff:** We have three paid coaches, Roxanne Imbrie (varsity), Autumn Bunch (JV) and Peter Wenceslao (JV2). We also have four amazing volunteer coaches: Todd Wilcox, Jason Upton, Jeroen Swanborn, and Brittany Teahan. All of us LOVE tennis. We look forward to helping your daughters improve their tennis skills.

**How are teams selected?** For varsity, the coaches will observe the girls as they play some mini-matches during the first week. We will combine player results with player observations to select the girls on the varsity team. We are evaluating tennis skills, athleticism, attitude, potential, and sportsmanship.

**Playing time is determined by the coaches.** If your daughter has a problem with anything, please discuss it with the coaches first.

**Busses** are provided for away matches\*. If you prefer to drive your daughter to away matches, that is fine. If you want to drive other girls, you must fill out a blue transportation form and return the form to their coach. Girls may drive themselves to away matches if they turn in a blue transportation form to their coach.

\*The district has a limited number of bus drivers, so our teams may not always be provided a bus. Autumn and I are hoping to be trained to drive district vans and small busses to transport our teams, but we still may need parents' help.

**Lettering and Evaluations:** Girls who play in two varsity matches will earn a varsity letter. All girls will have an opportunity at the end of the season to evaluate the coaches and our tennis program.

**Uniforms/Apparel:** We are planning to offer girls a chance to order some optional tennis apparel at the beginning of the season. Girls will check out a tennis top and skirt as their uniform for matches. Girls are allowed to wear their own black skirt/skirt or shorts. We also have a few warm-up jackets and pants that girls can check out and wear. We collect a \$50 refundable deposit for the uniform. Your check is returned to

you (uncashed) at the end of the season when your daughter returns all of her **clean** uniform pieces back to us.

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